



## Princeton University Taekwondo Tournament

Dear ECTC Members,

Princeton Taekwondo is thrilled to invite you to the third Eastern Collegiate Taekwondo Conference Tournament. Our tournament will be held on Sunday, November 22<sup>nd</sup> at Dillon Gym on Princeton campus.

Please find attached all relevant tournament information. The registration spreadsheet can be found at <http://ectc-online.org/registration.htm> and should be email to [tournaments@ectc-online.org](mailto:tournaments@ectc-online.org) by 10pm Thursday, November 19<sup>th</sup>. Late registration will incur a \$10 late fee per competitor.

Feel free to contact us at [tkd@princeton.edu](mailto:tkd@princeton.edu) or at (609) 375-6289 with questions or concerns.

We hope to see you all then.

Best,

Marc Osherson  
President, PTKD

## **TOURNAMENT SCHEDULE:**

### **Saturday, November 21**

8-10pm                      Early Weigh-ins at Dillon Gym

### **Sunday, November 22**

7:30-9:00am                Competitor Registration and Weigh-ins

9:00-9:30am                Coaches' and Referees' Meeting

9:30-9:45am                Opening Ceremony

9:45am                        Competition Begins

- I.    Black Belt Poomsae
- II.   Color Belt Poomsae
- III.  A-Team Sparring
- IV.  C-Team Sparring
- V.    D-Team Sparring
- VI.  B-Team Sparring

## **CONTACT INFORMATION:**

Marc Osherson, President: [moshers@princeton.edu](mailto:moshers@princeton.edu) (General Questions)

Carissa Fu, Vice President: [cfu@princeton.edu](mailto:cfu@princeton.edu) (General Questions)

Steven Kim, Treasurer: [ssk@princeton.edu](mailto:ssk@princeton.edu) (Payment Information)

Andrew Mandelbaum, Secretary: [ajmandel@princeton.edu](mailto:ajmandel@princeton.edu) (Registration Information)

## **Princeton Taekwondo Invitational:**

### *Tournament Rules:*

This tournament will follow the ECTC rules found at <http://ectc-online.org/rules.html> . Rules posted there supersede all information found in this packet.

### *Tournament Fee:*

For competitors from a registered school:

\$30 per competitor, cash or check made out to “Princeton Tae Kwon Do”.

For competitors from a non-registered school, or for those competitors who register after the deadline:

\$40 per competitor, cash or check made out to “Princeton Tae Kwon Do”.

For competitors from a non-registered school and who are registering after the deadline:

\$50 per competitor, cash or check made out to “Princeton Tae Kwon Do”.

To register a school/club with the ECTC for the current year, please mail club dues (\$100) and the registration form found at the end of this packet to Master Dan Chuang, or bring the fee and registration form to the tournament (check only, no cash or money orders). For questions regarding club registration, email Master Chuang at [dbchuang@gmail.com](mailto:dbchuang@gmail.com).

## **Competitor Registration and Rules:**

Registration for the Princeton ECTC tournament must be completed by Thursday, Nov 19<sup>th</sup> at 10pm. To register, obtain a tournament registration spreadsheet at <http://ectc-online.org/registration.html> and email to [tournaments@ectc-online.org](mailto:tournaments@ectc-online.org).

Competitors must provide

- Valid, current Student ID
- Registration Fee as described above
- Medical Insurance Information

### *Competitor Eligibility:*

All competitors must be full time students at the time of the competition. While student IDs are used as proof of student enrollment, the ECTC reserves the right to request proof of full time status from the registrar of any school if there is a question about a student's full time status.

### *Poomsae (forms) Competitions:*

**Divisions:** There are ten poomsae divisions, defined as follows:

<b>Poomsae (Forms) Divisions</b>
<b>Division</b>
White/Yellow (separate Men's and Women's) - Taeguk 1 and 2
Green (separate Men's and Women's) - Taeguk 3 and 4
Blue (separate Men's and Women's) - Taeguk 5 and 6
Red/Brown (separate Men's and Women's) - Taeguk 7 and 8
<b>Black (separate Men's and Women's) - Keumgang</b>

For the black belt divisions, all competitors will be judged under the modified new WTF scoring methodology. That means that each competitor will be judged one at a time, and will receive separate scores for accuracy and performance. All black belts must compete with Keumgang.

Each school will be restricted to entering 2 male and 2 female competitors in the black belt forms divisions. There are no restrictions on the number of color belt competitors that schools may enter in each division.

Color belts will be judged two at a time. Forms should be performed according to WTF standard.

**Accepted Poomsae:** Athletes must perform the forms appropriate for their belt level as described above. Failure to perform the correct form will result in disqualification.

### *Kyorugi (sparring) Competition:*

**Team composition:** The main draws of ECTC tournaments consist of teams of 3 competitors plus up to 2 alternates. Each team will consist of one lightweight competitor, one middleweight competitor, and one heavyweight competitor. The alternates may be of any weight division. The weight divisions are defined as follows:

<b>Weight Class</b>	<b>Men</b>	<b>Women</b>
Light	0-145.0 lbs	0-117.0 lbs.
Middle	145.1-172.0 lbs	117.1-137.0 lbs
Heavy	over 172.0 lbs	over 137.0 lbs

A competitor may spar "up" a maximum of **one** weight division, at his/her coach's discretion.

**Sparring divisions:** There are 4 skill levels at INCTL competitions: A-Team (Advanced), B-Team (Intermediate), C-Team (Beginner), and D-Team (First-Time) for both men and women:

<b>Sparring Divisions</b>		
<b>Division</b>	<b>Size of Team</b>	<b>Rank</b>
Women's A-Team	3 Women, 2 Alternates	Black Belts and below
Men's A-Team	3 Men, 2 Alternates	Black Belts and below
Women's B-Team	3 Women, 2 Alternates	Red Belts and below
Men's B-Team	3 Men, 2 Alternates	Red Belts and below
Women's C-Team	3 Women, 2 Alternates	Green Belts and below
Men's C-Team	3 Men, 2 Alternates	Green Belts and below
Women's D-Team	3 Women, 2 Alternates	Yellow Belts and below, first tournament
Men's D-Team	3 Men, 2 Alternates	Yellow Belts and below, first tournament

**Sparring equipment:** All sparring competitors must wear the following equipment:

- WTF style trunk protector
- mouth guard
- forearm guard (worn inside uniform)
- shin guards (worn inside uniform)
- instep guards
- groin protector (for men, worn inside uniform)

WTF-style gloves and socks are allowed but not required. However, the color of these protectors must be white or match the color of the hogu being worn.

~ Full sparring rules can be found at: <http://ectc-online.org/rules.html>. ~

## **DRIVING DIRECTIONS:**

The tournament will be hosted at *Dillon Gymnasium*. *Nearby Address:*

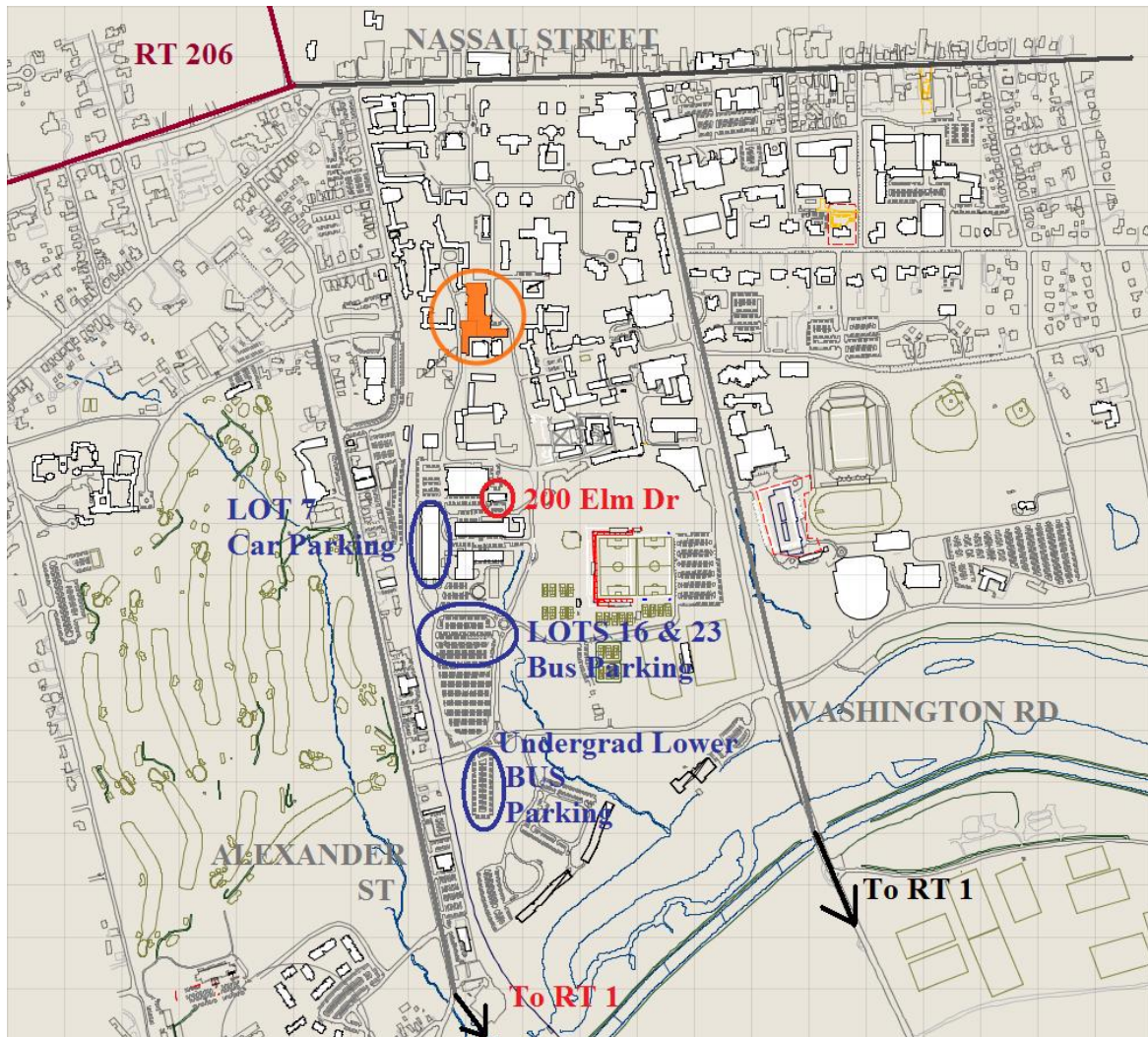
200 Elm Drive  
Princeton, NJ 08540

### **Public Transportation:**

NYC and Philadelphia have trains to Princeton's Dinky Station (transfer at Princeton Junction).  
Timetables: [http://www.njtransit.com/sf/sf\\_servlet.srv?hdnPageAction=TrainTo](http://www.njtransit.com/sf/sf_servlet.srv?hdnPageAction=TrainTo)

### **Parking:**

If you are not taking public transportation, parking is available in Lots 7, 16, 23, and Undergrad (UG) Lower. Cars and vans can park in Lot 7 garage, and buses can park in Lots 16, 23, and UG Lower as indicated on the map below:



A more detailed map is available at:

[http://www.princeton.edu/main/visiting/files/princeton\\_map.pdf](http://www.princeton.edu/main/visiting/files/princeton_map.pdf)

Detailed driving directions is available at: <http://www.princeton.edu/main/visiting/travel/driving/>

## **ACCOMODATIONS:**

Holiday Inn  
100 Independence Way  
Princeton, NJ 08540  
(609) 520-1200

<http://www.ichotelsgroup.com/h/d/hi/1/en/hotel/prnj?irs=y>

Red Roof Inn  
3203 Brunswick Pike  
Lawrenceville, NJ  
(609) 896-3388

<http://redroof.com/reservations/property-detail.aspx?pid=00111>

Best Western Princeton Manor Inn & Suites  
4191 1<sup>st</sup> Ave  
Monmouth Junction, NJ  
(732) 329-4555

<http://www.bestwesternnewjersey.com/monmouth-junction-hotels/index.html>

# 2009-2010 Club Registration Form

## Ivy/Northeast Collegiate Taekwondo League

### also known as the

## Eastern Collegiate Taekwondo Conference

The Ivy Northeast Collegiate Taekwondo League club dues for the 2009-2010 season are \$100.

Please enclose a \$100 check made out to **“Ivy Northeast Collegiate Taekwondo League.”** **No cash,** only checks or money orders please.

If possible, please submit this form electronically to dbchuang <at> gmail <dot> com and **also** submit a hard copy by mail as well with the payment.

Submit this form to the INCTL Treasurer at:

Daniel Chuang  
44 Concord Ave. Unit #404  
Cambridge, MA 02138

<b>College name</b>					
<b>Club Contact Person</b>					
<b>Head Instructor</b>					
<b>Club Address</b>					
<b>City</b>		<b>State</b>		<b>Zip</b>	
<b>Club Phone No.</b>		<b>Contact email</b>			
<b>Club Web Site</b>					

Please write below any additional information you would like to appear about your school on the ECTC website:

Eastern Collegiate Taekwondo Conference Waiver

1. \_\_\_\_\_ hereby releases, waives, discharges and covenants not to sue The Eastern Collegiate Taekwondo Conference (ECTC), the promoters, other participants, operators, officials, sponsors, advertisers, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases," from all liability to the undersigned, his personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the restricted area, competing, officiating in, observing, or working for, or for any purpose participating in the event.

2. Hereby agrees to indemnify and save and hold harmless the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releases or otherwise.

3. Hereby assumes full responsibility for and risk of bodily injury, death or property damage due to the negligence of releases or observing, or working for or for any purpose participating in the event.

4. Each of the undersigned expressly acknowledges and agrees that the activities at the event involve the risk of serious injury and/or death and/or property damage. Each of the undersigned further expressly agrees that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

5. Each of the undersigned gives the ECTC its successors and assigns, unrestricted permission to use footage taken of the undersigned and grant all rights to use in perpetuity all still photographs, film, video, and sound recordings taken of me, including my image and voice, for distribution, film festivals, and broadcast in all media and promotions, hereafter, for the ECTC.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

This waiver, release and indemnification agreement specially embraces each and every event authorized or promoted by said releases during the entire season to each and every event, or activity herein above mentioned, parties herein intended to be released and indemnified shall be fully effectively released and indemnified as to each and every event herein above described.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed: \_\_\_\_\_ Date: \_\_\_\_\_

If the participant is under the age of 18, signature of parent or legal guardian:

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed: \_\_\_\_\_ Date: \_\_\_\_\_